

## **Divorce Test – Are You Ready?**

**Write down your answers to questions 1-5 then score your answers with the key at the bottom of the page**

1. I cannot imagine day-to-day life without my spouse
  - a. strongly agree
  - b. agree
  - c. disagree
  - d. strongly disagree
  
2. If only I could get my spouse to see things my way we could work things out
  - a. strongly agree
  - b. agree
  - c. disagree
  - d. strongly disagree
  
3. I rely on my spouse for most of my social and emotional needs
  - a. strongly agree
  - b. agree
  - c. disagree
  - d. strongly disagree
  
4. I know my marriage is not happy, but I suspect another relationship would be just as bad
  - a. strongly agree
  - b. agree
  - c. disagree
  - d. strongly disagree
  
5. Between the cost of health insurance and housing, I don't think I can make it alone financially
  - a. strongly agree
  - b. agree
  - c. disagree
  - d. strongly disagree

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Score:

For each "a" answer 10 points; for each "b" answer 7 points; for each "c" answer 3 points; for each "d" answer 0 points.

35-50: You're conflicted and unhappy but not ready to move on

28 – 34: You rely on your spouse for security even though things are bad. Do some soul-searching about your desires

21 – 27: You may be ready but there are some things we need to discuss to be sure

20 or under: You are ready to move on.

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